

First Reading Exodus 12: 1 – 4, 11 – 14

¹ The Lord said to Moses and Aaron in Egypt, ² ‘This month is to be for you the first month, the first month of your year. ³ Tell the whole community of Israel that on the tenth day of this month each man is to take a lamb for his family, one for each household. ⁴ If any household is too small for a whole lamb, they must share one with their nearest neighbour, having taken into account the number of people there are. You are to determine the amount of lamb needed in accordance with what each person will eat

¹¹ This is how you are to eat it: with your cloak tucked into your belt, your sandals on your feet and your staff in your hand. Eat it in haste; it is the Lord’s Passover.

¹² ‘On that same night I will pass through Egypt and strike down every firstborn of both people and animals, and I will bring judgment on all the gods of Egypt. I am the Lord. ¹³ The blood will be a sign for you on the houses where you are, and when I see the blood, I will pass over you. No destructive plague will touch you when I strike Egypt. ¹⁴ ‘This is a day you are to commemorate; for the generations to come you shall celebrate it as a festival to the Lord – a lasting ordinance.

Second Reading 1 Corinthians 11: 23 – 26

²³ For I received from the Lord what I also passed on to you: the Lord Jesus, on the night he was betrayed, took bread, ²⁴ and when he had given thanks, he broke it and said, ‘This is my body, which is for you; do this in remembrance of me.’ ²⁵ In the same way, after supper he took the cup, saying, ‘This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.’ ²⁶ For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.

The Collect for Good Friday

Almighty Father, look with mercy on this your family for which our Lord Jesus Christ was content to be betrayed and given up into the hands of sinners and to suffer death upon the cross; who is alive and glorified with you and the Holy Spirit, one God, now and for ever. Amen.

A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen.

Gospel Reading John 13: 1 – 17, 31b – 35

¹ It was just before the Passover Festival. Jesus knew that the hour had come for him to leave this world and go to the Father. Having loved his own who were in the world, he loved them to the end. ² The evening meal was in progress, and the devil had already prompted Judas, the son of Simon Iscariot, to betray Jesus. ³ Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; ⁴ so he got up from the meal, took off his outer clothing, and wrapped a towel round his waist. ⁵ After that, he poured water into a basin and began to wash his disciples’ feet, drying them with the towel that was wrapped round him. ⁶ He came to Simon Peter, who said to him, ‘Lord, are you going to wash my feet?’ ⁷ Jesus replied, ‘You do not realise now what I am doing, but later you will understand.’ ⁸ ‘No,’ said Peter, ‘you shall never wash my feet.’ Jesus answered, ‘Unless I wash you, you have no part with me.’ ⁹ ‘Then, Lord,’ Simon Peter replied, ‘not just my feet but my hands and my head as well!’ ¹⁰ Jesus answered, ‘Those who have had a bath need only to wash their feet; their whole body is clean. And you are clean, though not every one of you.’ ¹¹ For he knew who was going to betray him, and that was why he said not every one was clean. ¹² When he had finished washing their feet, he put on his clothes and returned to his place. ‘Do you understand what I have done for you?’ he asked them. ¹³ ‘You call me “Teacher” and “Lord”, and rightly so, for that is what I am. ¹⁴ Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. ¹⁵ I have set you an example that you should do as I have done for you. ¹⁶ Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. ¹⁷ Now that you know these things, you will be blessed if you do them.

^{31b} ‘Now the Son of Man is glorified and God is glorified in him. ³² If God is glorified in him, God will glorify the Son in himself, and will glorify him at once. ³³ ‘My children, I will be with you only a little longer. You will look for me, and just as I told the Jews, so I tell you now: where I am going, you cannot come. ³⁴ ‘A new command I give you: love one another. As I have loved you, so you must love one another. ³⁵ By this everyone will know that you are my disciples, if you love one another.’

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace.

Colossians 3:15